

Dear Neighbourhood Watch Coordinators

Humberside Police have asked me to share this research opportunity with you:

***The Behavioural Science and Health academic research team at University College London are recruiting as many people, across as diverse a spectrum as possible, to take part in a study into how loneliness, social isolation and physical distancing are affecting our mental health.***

***The study is open to all adults in the UK and involves answering a 15-minute online survey now and then answering a shorter 10-minute follow-up survey once a week whilst social isolation measures are in place.***

***The link to the survey is here: <https://www.marchnetwork.org/research>***

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